

[Melgarsh Village]

THE POLYANDRY OF THE TODAS OF THE NILGIRIS

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as they had given up of their own accord when the taste of Erzigwuf's milk changed, due to her advanced pregnancy. 862

Somewhat incredulous of Erzigwuf's assertions as they were made to me, I questioned the local medical practitioner of Ootacamund, Colonel D'Souza, Indian Medical Service (rtd.) about their veracity. He assured me that it was quite possible. He said, even, that it did not tire the mother, as after some time "it becomes mechanical". Colonel D'Souza also assured me that the contention often heard that prolonged suckling prevents conception was a fallacy completely disproved by facts, "at least in Asia". Erzigwuf also told me that Sodup and Sodam were born after she had not had any menses for eight years; two days after, however, she contradicted herself and said this was not correct (she said she had made "a mistake"). But another time she assured me that Toda women cease having any sort of periods for four months after they have given birth; that is why, she said, they cannot have children earlier - she herself had been like this. Although I do not much believe in this assertion, which is contrary to every ordinary observation anywhere, I give it here for what it is worth. 853

Small children suck their thumbs very early, Erzigwuf asserted. As a proof, she showed me one of the new-born twins, fast asleep in her lap with its thumb in its mouth. For napkins, she used bits of cloth which she regularly changed and washed. She said that she taught her children to be clean after six months. Before that, she would take them out at regular intervals and hold them in her hands, both boy and girl. Then, after, she would teach them gradually to go out by themselves, punishing them by beating them on the buttocks with a stinging nettle (called *tworkh* in Toda) when they misbehaved in the house, and rewarding them with sweets when they were good and did as they were told. They learned very quickly, in approximately one month. 854

Regarding genital development, Erzigwuf was very outspoken, and I had no difficulty in getting information from her, even in the presence of Narjikh and Pengelam, who would listen with interest to the conversation through Kanvarsathi-Sunderdoss, my interpreter. She said that masturbation started very early - at about nine months. They play with their genitals, both boys and girls, but the former more so, all the time; when walking, suckling and lying down, as she put it. When they get older, this play is intensified, and after they have reached the age of one year, she intervenes to stop it. She did so, she said, and not Mutnarsh who "lets the children do anything they want". Asked why she did not allow them to carry on freely, she said, because if she did not forbid 863

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